

It's all about asking the right questions concerning your enlarged prostate (BPH)

If you think you or someone you know may be suffering from BPH, here are some helpful questions you can ask your doctor which may help determine the right treatment option.

## Asking about the condition:

- Why am I having difficulty with my urine control, and experiencing frequent urination at night?
- Is BPH related to a medical condition? Will the symptoms resolve with the treatment of an underlying condition?
- Do any of my medications cause BPH?

## **Asking about treatment options:**

- What are the chances of BPH resolving without any treatment?
- What types of BPH treatment options are available?
- What are the advantages and disadvantages of each of these treatment options?
- How effective are the treatment options?
- What type of treatment do you recommend for me right now and why?
- If this treatment is not successful, what other options might you recommend?